



Object of the Newsletter

To promote the appreciation of fine Scotch Whisky, the area from which it comes, the people that inhabit the land and its history. By the way, I do not profess to be an expert, I am merely expressing an opinion on the whiskies I am tasting.

In this issue I look at Highland Park "Loki", the second release of their Valhalla collection, which I tasted at last year's WhiskyFest. I have a bottle of its brother, "Thor" on my bar at home currently. As a child I always favored Thor, the thunder god over his half brother the mischievous Loki. Times have changed, when it comes to Whisky, my preference is for Loki.

If you haven't tried it yet, and you're thinking it sounds good, you had better make your mind up quickly as this Limited edition whisky will like his mischievous namesake Disappear before you can catch it.

You should also keep your eyes open for the next in the Series, named for "Freya" the Norse Goddess of Love.

To know more about the Highland Park distillery, refer to issue 5 Posted on my website.

You can buy the Highland Park "Loki" for around \$200.00 a bottle.

Tasting Notes;

Nose - Stewed fruits & marmalade (Christmas pudding?)

Palate - Sweet smoke, marmalade & cinnamon

Finish - Chocolate, almonds & a hint of cloves



If you have a personal favorite and you would like it to feature in future "Slange" newsletters, please let me know. I can be contacted at my website www.scot-talks.com

"Slainte Mhath"

Paul Bissett



10 Best Traditional Scottish Pubs

Whether you're looking for good beer, good atmosphere or just a great location, Scotland has so many excellent pubs it's difficult to choose the best. But here are some suggestions...

1. The Clachaig Inn

Nestling in the very heart of Glencoe, the Clachaig Inn is almost as famous as the hills that surround it. A haven for travellers for more than 300 years, you don't have to try very hard to imagine wet and weary Highlanders from yesteryear staggering up to the door of this refuge on a cold night. The fantastic location hasn't changed, but today you'll find three bars each with a distinct, friendly atmosphere, rustic wooden tables and stone floors, open fires, live music, hearty food such as cloutie dumpling, and an excellent selection of drinks.

Glencoe, Argyll PA39 4HX. www.clachaig.com

2. The Drovers Inn

A proper old coaching inn, established in 1705, and once used by the Highland drovers who used to drive their cattle down the side of Loch Lomond to the markets in the south.

As you enter the reception hall you are faced by a full grown, stuffed grizzly bear – and this is only the beginning. The decor and furniture of this place look as though they have not changed for a couple of hundred years at least.

A cozy and historic choice, topped off with an accomplished menu featuring all the favourites (haggis, neeps and tatties anyone?) and a good selection of beer, wine and whisky.

Inverarnan By Ardlui, North Loch Lomond, G83 7DX www.thedroversinn.co.uk

3. The Old Forge

Recognized in the Guinness Book of World Records as the most remote pub in mainland Britain. But for all its remoteness, it's a surprisingly lively and popular venue.

Seafood is done here extremely well, try scallops straight from the ocean washed down with the well kept beer and wine.

Or gorge on the excellent seafood platters, organic produce and estate venison, while you rub shoulders with the locals in one of the frequent and impromptu ceilidhs.

Hospitality here is second to none.

Inverie, Knoydart, by Mallaig PH41 4PL www.theoldforge.co.uk

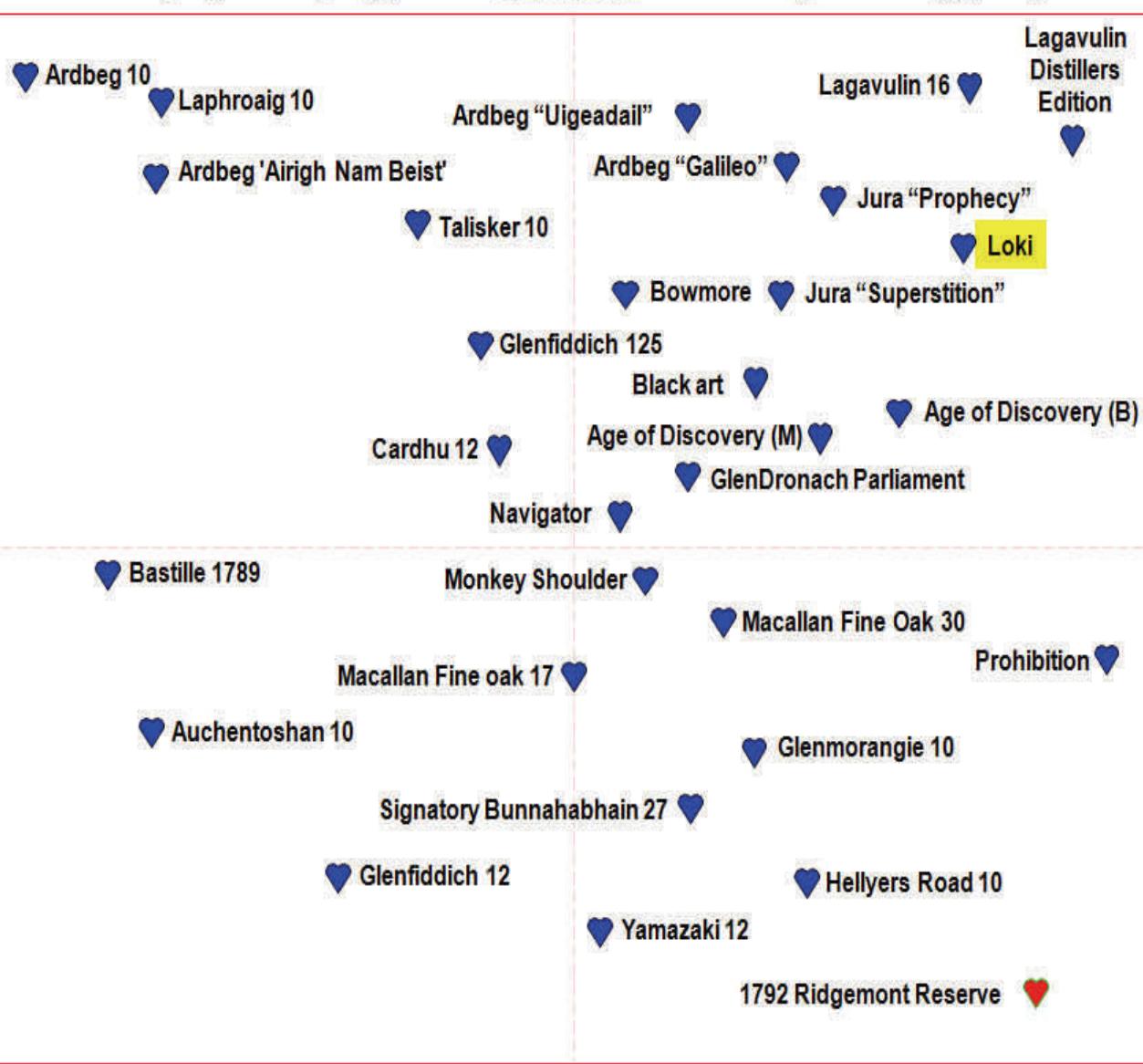
Slange

Below is a simple guide to help you choose your single malt Whisky, and the flavor notes you should expect from it. Being Scottish I recommend you find a likely candidate and try it in a bar before buying the whole bottle. With each issue of the newsletter I will add in another Whisky to the flavor map. This Issue; Highland Park Loki. For more information go to www.highlandpark.co.uk

Medicinal, dry smoke, Pepper

SMOKY

Pungent Smoky, peaty richness



Floral, Herbal, fresh

DELICATE

Nutty, biscuit (cookie), Subtle

Ripe Fruit, Leafy

LIGHT

Fresh Fruit, Citrus, Crisp

Sherry, rich, Dried Fruit

RICH

Woody, Spices, complex



Cont.

4. The Port O'Leith Bar - A wonderfully eccentric Edinburgh pub, ruled over by Mary Moriarty – arguably the most famous landlady in Scotland. This pub isn't of the pretty coaching inn design, but a practical pub for the rugged sailors that once peopled this busy port. The sea is still a heavy influence – ship's flags completely cover the ceiling and caps, postcards and other naval paraphernalia deck the walls, all gifts from visiting sailors over the years. It's not exclusively for sailors or for locals, though, travellers from all over are welcomed here and, unusually, most of the world's major currencies are accepted behind the bar. This is a real pub – so don't go expecting fancy food. You'll get a pie or a bridie and plenty of beer and friendly banter on the side. Perfect.

58 Constitution Street, Leith, Edinburgh

5. The Halfway House - Hidden away in the heart of Edinburgh's Old Town is one of Britain's smallest pubs. Its secluded position, halfway between Cockburn Street and Market Street, up the steps of Fleshmarket Close, makes it rather hard to find but, once inside, you'll be glad you did. This tiny pub features a regularly changing range of cask beers, malt whiskies and a delicious menu of home-cooked food and some daily specials. Because of its size, this pub can get a little congested at times, but it is well worth squeezing inside.

24 Fleshmarket Close, Edinburgh www.halfwayhouse-edinburgh.com

6. The Bon Accord - You'll find an impressive selection of whiskies here (170 different bottles in fact) but it's beer that really made this pub famous.

The Bon Accord, on Glasgow's pretty tree-lined North Street, is serious about its beer. Casks are lovingly tended for in the cellar and dispensed with skill. A varied selection is always available and it is frequently the first to feature new brews from established Scottish breweries as well as some newer names, such as Isle of Mull, Purple Moose and Stewart's.

The Scottish Ale Festival happens here every year in autumn.

153 North Street, Glasgow G3 www.thebonaccord.com

**Cont.****7.Uisge Beatha**

If this bar is indeed 'Glasgow's best kept secret' then we might be letting the cat out of the bag.... Kilted staff, stags heads and church pews, the interior of the Uisge Beatha is charmingly reminiscent of a traditional Highland bothy.

As you'd expect from a bar named after Scotland's national drink, (it's pronounced ooshka beyha, by the way, and means 'water of life') there's an impressive collection of whisky from which to choose (more than 140 malts) and a good selection of beer.

The comfortable atmosphere, friendly staff, cosy sofas in front of open fires, and live music make this bar one of Glasgow's, if not Scotland's, best.

22/246 Woodlands Road, Glasgow G3 6ND www.uisgebeathabar.co.uk

8.Café Royal Circle Bar

Hidden down an alleyway just off bustling Princes Street is a spectacular looking venue – a veritable snapshot of Victorian grandeur.

The spectacular plasterwork ceiling and large island bar are immediately impressive, but explore further and you'll discover the same high quality throughout. Floors and stairs are laid with marble, mahogany panels on the walls, and the high-ceilinged Vienna café style rooms drip with chandeliers.

An especially beautiful feature are the tiled portraits showing inventors at the moment of their discovery.

It's definitely more of a refined bar rather than a busy pub, and the drinks choice is not exactly overwhelming, but the food is excellent. It's a must see.

19 West Register Street, Edinburgh EH2 2AA

9.The Anderson

A bar, hotel and restaurant that's been doing pretty well in recent years, picking up awards all over the place. You'll find more than 100 Belgian beers at this firelit country pub (which is something of an anomaly in Scotland), as well as British cask ale, real cider from Somerset and an extensive wine list featuring 11 by the glass and 85 by the bottle. The dedicated whisky bar has – count them – 218 single malts.

A very individual premises, The Anderson likes to do things its own way. Recently the pub has introduced Knitting Nights, whereby seasoned knitters or complete beginners can sit about in the comfort of a really good pub as they knit. Bonkers, but we love it.

Union Street, Fortrose, IV10 8TU www.theanderson.co.uk



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10. Applecross Inn

Another wonderfully remote pub, reached by an extraordinarily scenic drive along the Beallach na Ba (pass of the Cattle) – the highest mountain pass in Britain, rising to more than 2,000 feet in a hair-raising six miles.

But when you arrive you'll find a lovely traditional pub with a beautiful waterside location – a great choice in summer when you can sup a beer in the garden and look out across the water towards the Cuillin Hills on Skye.

Inside, this no nonsense country pub offers up a friendly mix of locals and visitors, as well as some excellent local seafood.

Applecross, Wester Ross IV54 8LR www.applecross.uk.com/inn



The Clachaig Inn, Glencoe. Although the bar is a little rough around the edges, the atmosphere is unmatched, the people are friendly, there is often live music and the beer and whisky selection is worth the visit. If you are so inclined you can even have a meal, and the Inn's location is stunning.